



PR_xOACT INSIDER

Newsletter



May is for Women



Cardiovascular disease is the **number one cause for death among women**, yet too often it goes unrecognized and untreated. Pharmacists have a **powerful** opportunity to change this by stepping up as **champions for women's heart health**.

This month, we are recognizing the **PR_xOACT Women's Heart Health Champions**:

Recruit at least 5 women in May

to be nominated to be one and receive a **certificate** signed by the team including Dr. Michelle Graham, Dr. Ross Tsuyuki, & Dr. Yazid Al Hamarneh
and get free lunch for the team!



MVP TEAM OF THE MONTH!



Barb Hawken, Renae Mitchell-Skinner and Rebecca Scherger
(left to right)

Provost IDA Pharmacy

Barb, Renae, & Rebecca
have recruited **21** patients into
PR_xOACT

and were one of our tied winners for
the April Recruitment Challenge!

Here's their advice on getting involved:

"Just try it."

The more we do the faster it seems to happen and easier it is. Patients are excited to participate for the most part so don't be afraid to ask. We have found it quite fun too!"

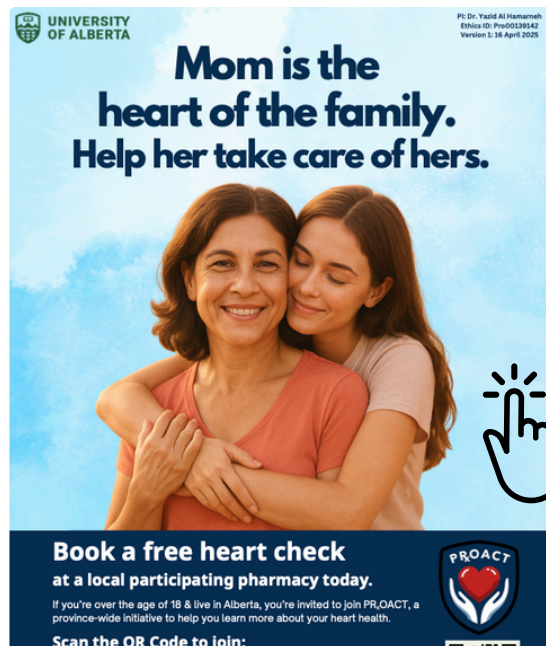
This Mothers Day

Put Her Heart First

Did you know:

**9 out of 10 women
are unaware of their unique risk
factors for CVD.**

Make a difference today by inviting women in for a heart health check this Mother's Day. As pharmacists, you have the power to help **protect the women at the heart of every family**. Help moms take care of their hearts so they can keep caring for those they love. We've created **posters to display** in your pharmacy for Mothers Day:



PR_xOACT Pharmacy Visits

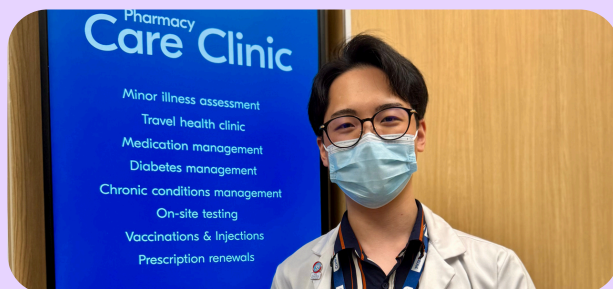
Thank you to all the pharmacies for hosting our visits!



Michelle Tang & Team
Rutherford Pharmacy



Dapheni Morton & Team
Shoppers Drug Mart 312



Riki Kim
Shoppers Drug Mart 328



Isabella, Sukhi, & Team
Shoppers Drug Mart 371



Questions? Contact Shania at:



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